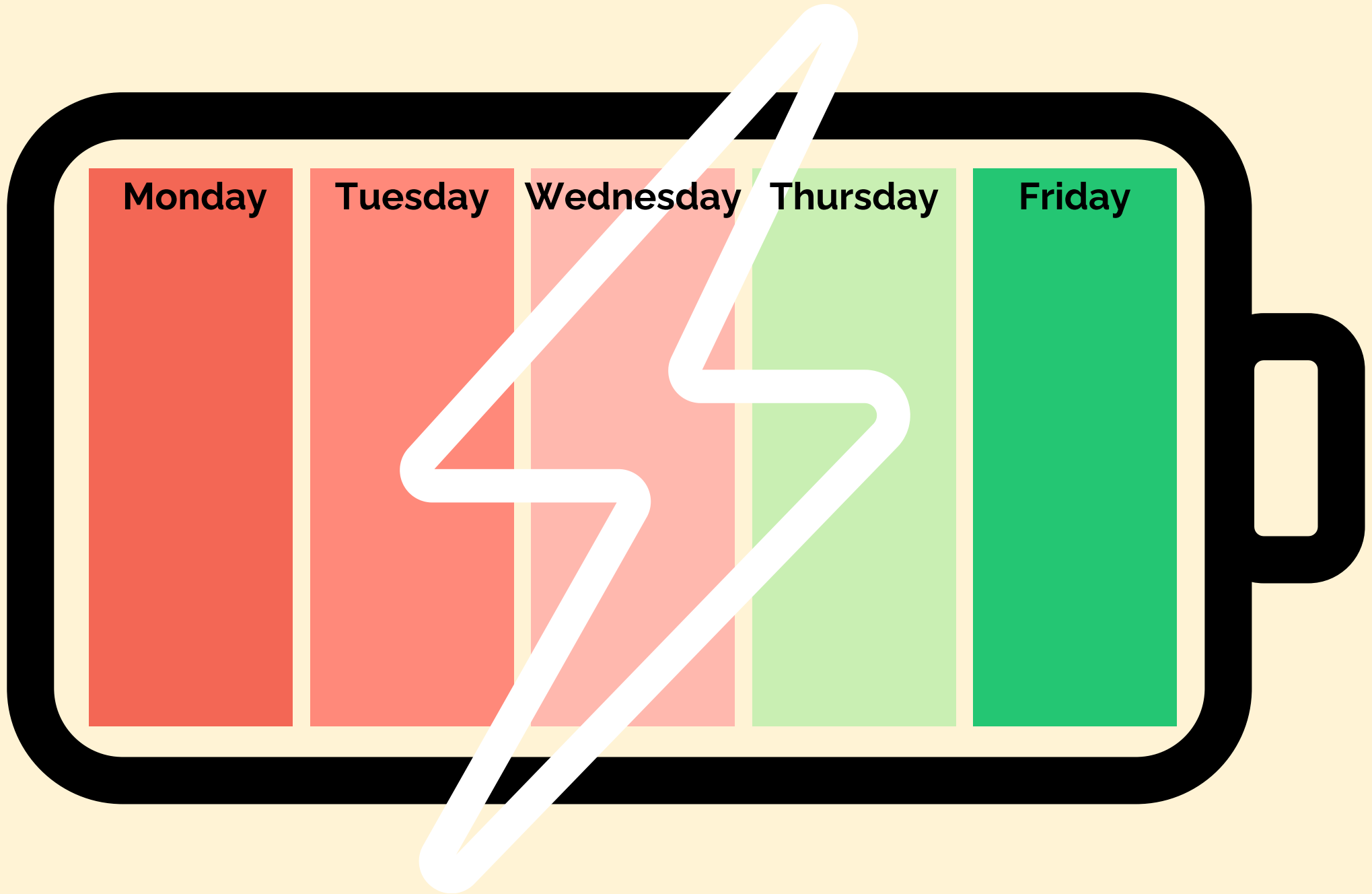


# Charging Our Kindness Battery



Monday

Tuesday

Wednesday

Thursday

Friday

# What is it like when our kindness battery is fully charged?

What do we feel?

What do we notice?

What can we keep doing?