Our Kindness Battery

Key Stage 2



Anti-Bullying Week 2024
Heads Up Kids® in collaboration with PaJeS Wellbeing

PaJeS
Supporting Jewish Schools





Anti-bullying Week 2024 – Our Kindness Battery Teacher notes for Key Stage 2 Battery PowerPoint

In this short PowerPoint session, you will explore with the children:

- What is bullying and bullying definitions?
- What kind actions can we do that will help stop bullying?
- What kind actions will help other people when we see bullying happen?

The focus will be on kindness in relation to bullying and will give the children opportunities to practise and notice acts of kindness in the playground related to bullying and social interactions.

How long will this take?

The PowerPoint for the class will take between 5-10 minutes (depending on how much interaction and discussion you encourage with the children)

When to run this?

The PowerPoint can be delivered at any time of the day. We recommend facilitating this at the beginning of anti-bullying week. This will give the children an opportunity to practise the learning in the playground during the remainder of the week.

What preparation do we need?

- Enlarged Kindness Battery poster on the wall
- Sticky Notes
- Our Kindness Battery PowerPoint slides

During anti bullying week:

Please remind the children to notice the acts of kindness and to then write them on a post it note and add it to the rocket.

At the end of the week:

Reflect with the children on the process. Maybe read out some of the examples on the post its.

Discuss: How did they feel? What did we notice? What can we do to keep our battery fully charged?

Optional:

As part of reflecting on the number of post it's on the Battery you might wish to celebrate what the children have achieved. For example, you could give them an additional 10 minutes break, or watch a movie at the end of term or any other type of celebration that you feel would be appropriate for your class.