



Presented by:

**Dr. Alon Zivony**, Cognitive neuroscientist,  
researcher and lecturer, University of Sheffield

# The limitations of attention in everyday life: Can we overcome them?

Our students (and us adults) are sometimes distracted by irrelevant information while the crucial information slips away. In this session we will:

- Learn about the basic principles that guide attention
- Take part in experiments that demonstrate its limitations
- Explore techniques to mitigate these limitations and their influence on our lives

28.02.24 • 19.30 - 20.45 • Zoom

The session will be led in IVRIT  
The session is for Primary and Secondary IVRIT teachers  
FREE to PaJeS' prescribed schools

